

Title: Physical Eye- patterns 3:15pm 19<sup>th</sup> December 2023

BismillahirRahmaanirRaheem

In The Name of Allah, The Entirely Merciful, The Especially  
Merciful

Text/ Matn

1. It seems that over the last few weeks; from the  
Wednesday of the 25mg Riesperdal Consta Injection, till  
that some Sunday, I am extremely lethargic/ tired, I face  
intellectual patterns/ and intellectual fatigue, and I sleep a  
lot, and I am not mostly able to go to the Masjid/ Mosque  
during these first 4 to 5 days of the injection( on  
Wednesday)
2. On Monday, the week after the injection, I tend to get the  
physical-eye-patterns/ I tend to face the “Physical-eye-  
patterns” issue i.e. full-blown patterns and I have to deal

with the situation in the moment, turning back to Allah, supplicating ardently to Allah, listening to ruqya and Surah Baqarah, walking around the house to get my daily exercise, due to the fact that I am ill, and unable to go out for my daily walk/ masjid etc.

3. From Tuesday the next week after the injection, until about Friday/ Saturday, My strength seem to be coming back and I am able to mostly go to the masjid as much as possible/ as much as I can- Wa Allahu A'lam
4. From about Sunday till Wednesday( of the Next Injection), my strength completely begins to return and go above and beyond- to the scopes of spirituality/ high level of spiritual existence
5. And usually due to my anxiety/ worry for my injection, then my Tuesday Night to the time around my injection the next day on Wednesday, I am prescribed 5 days worth

of anti-anxiety drugs i.e. diazepam- long lasting/ 24 hour  
anxiotic/ anti-anxiety drug.

6. I am currently having an extra 4 days of diazepam making  
9 diazepam tablets these last few weeks, due to the  
severe side-effects of 25mg Risperdal Consta Injection- in  
the first 5 days(or so) of my injection/ injection day
7. Hopefully, I'd permanently be prescribed/ dispensed/  
given 9 diazepam tablets every 2 weeks on the day of my  
injection
8. So, this is the main/ general phases of general well-being/  
specific well-being that I go through during the 2 weeks of  
my injection, from the first injection to the next